

CITY OF FOUNTAIN VALLEY

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714-593-4400

PRESS RELEASE

Rob Houston, City Manager _____

TO: News Media

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DATE: November 5, 2018

Recreation Coordinator

714-593-4446

Keeping our Senior Community Healthy With Free Flu Shot Clinic

Getting an annual flu vaccine is the first and best way to protect yourself and your family from the flu. Flu vaccination can reduce flu illnesses, doctors' visits, as well as prevent flu-related hospitalizations. The more people get vaccinated, the more people will be protected from the flu, including older people, and people with certain health conditions who are more vulnerable to serious flu complications.

In partnership with Fountain Valley Regional Hospital, The Center at Founders Village Senior and Community Center will host a free Flu Shot Clinic for seniors 55 and older. This event will take place on Monday, November 5, 2018 from 9am to 11am. You can register for your free flu shot at the Reception Desk or by calling 714-593-4446.

For additional information on this program and other recreation programs, please call the Fountain Valley Recreation and Community Services Division at 714-593-4446 or visit our website at www.fountainvalley.org.

Recreation and Community Services – Promotes Health and Wellness