

CITY OF FOUNTAIN VALLEY

10200 SLATER AVENUE, FOUNTAIN VALLEY, CA 92708

714-593-4400

PRESS RELEASE

Rob Houston, City Manager _____

TO: News Media

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Recreation Coordinator

714-593-4446

Stay Cool, Stay Hydrated at The Center at Founders Village Senior and Community Center

Seniors, are you feeling overwhelmed by the heat? If you do not have air conditioning, come to The Center at Founders Village, 17967 Bushard Street, Fountain Valley for heat relief. The Center is open from 8:30am to 8:30pm, Monday through Thursday, and Friday, 8:30am to 4:30pm. The Center offers many activities, including lunch on Tuesdays and Thursdays at 11:30am, play pool, bingo, or bridge or just sit in our Sun Room and enjoy a book or have fun with a puzzle.

Tips for preventing heat-related illness...Stay Cool...Stay Hydrated...Stay Informed. If you need information, please call The Center staff at 714-593-4446.

Recreation and Community Services – Promotes Health and Wellness