

**FV LUNAR NEW YEAR  
SAT, FEBRUARY 7, 2026  
10AM - 1PM  
FV Recreation Center**



CITY OF FOUNTAIN VALLEY

# Fountain Pen

ACTIVITY GUIDE

WINTER 2026 (JAN - MAR)

# MESSAGE FROM THE CITY MANAGER MAGGIE LE

As we transition into the winter season, Fountain Valley continues to shine as a “Nice Place to Live”—especially during the holidays! Our team is gearing up for a festive and fun-filled winter, and I’m excited to share what’s ahead, as well as reflect on the successful community events we enjoyed this fall.

Fountain Valley residents embraced the fall season with enthusiasm and creativity! The FV Monster Hunt returned with a thrilling twist this year, inviting families to explore city parks and solve clues for spooky surprises. Our Halloween Decorating Contest brought out some hauntingly good displays—from eerie inflatables to glowing graveyards. Thank you to all who participated and helped spread Halloween spirit throughout our neighborhoods.

In October, we wrapped up our first ever Citizens Academy and 26 engaged participants graduated after completing a 6-week course filled with engaging lectures and hand-on experience showcasing the dynamic inner workings of local government. Stay tuned for next year’s Academy!

Mark your calendars for one of our most beloved traditions—Fountain Valley’s Annual Tree Lighting Ceremony! Join us on December 6 as we light up the night with holiday magic, live entertainment, and activities for the whole family. This event truly captures the warmth and community spirit of the season. The fun continues with the Fountain Valley Holiday Decorating Contest, so let’s light up Fountain Valley with the Holiday spirit. Register by December 1 to submit your house for a festive holiday tradition.

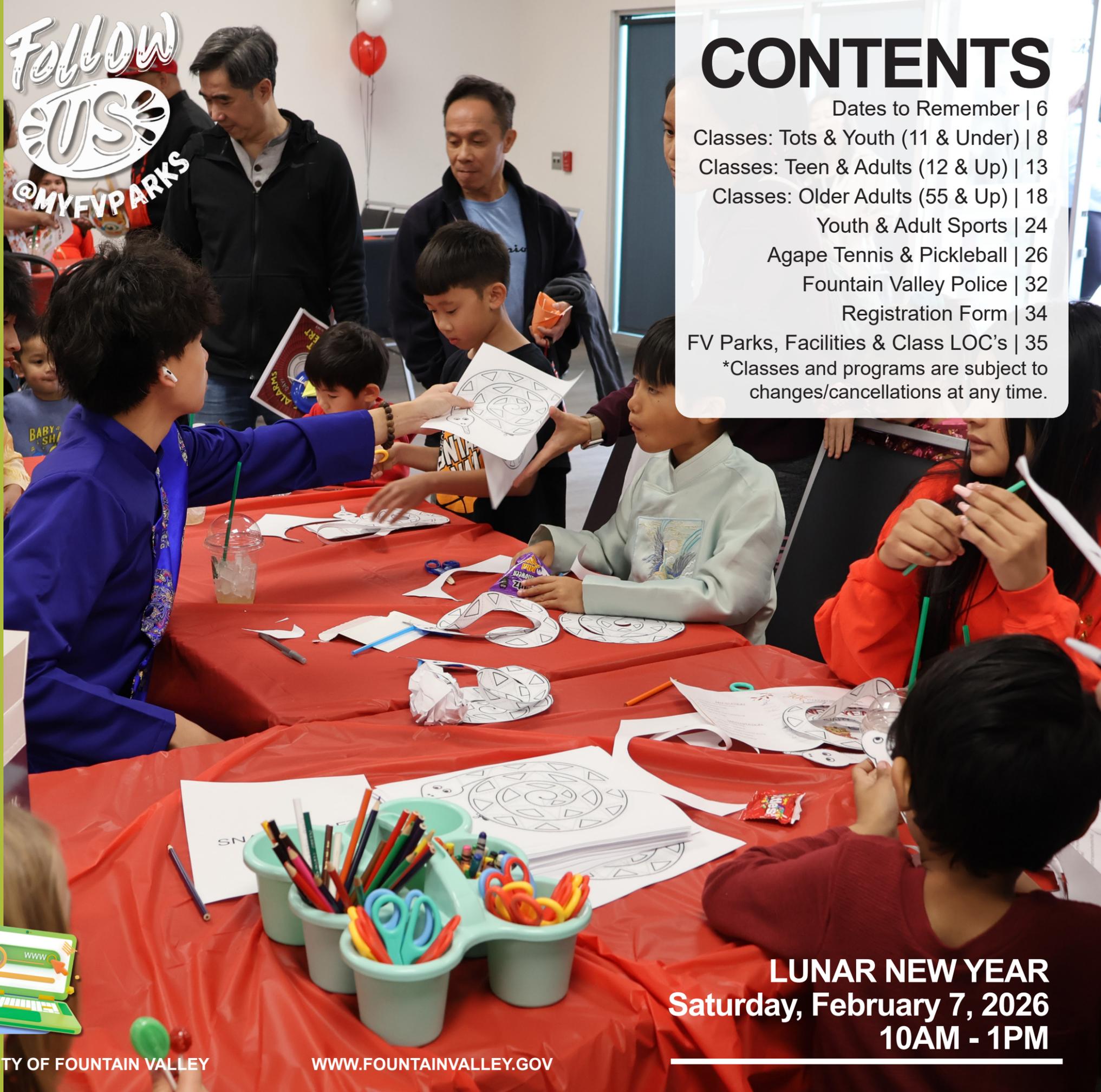
If you are interested in getting involved and giving back to the community, we encourage you to apply to serve on one of the City’s many Commissions, Committees or Boards. Applications will open in October 2025. You can find more information at [www.fountainvalley.gov](http://www.fountainvalley.gov)

**SAVE THE DATE** for an evening of community, celebration and civic pride! The City of Fountain Valley proudly presents the 2026 State of the City on Thursday, March 5, 2026. For more information, visit <https://www.fountainvalley.gov/1510/State-of-the-City-2026>

On behalf of the Fountain Valley team, thank you for making these events such a success. We look forward to seeing you at our holiday gatherings as we close out the year with joy, togetherness, and community pride.

Wishing you and your family a safe and cheerful holiday season!

Follow  
@MYFVPARKS



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TO FOLLOW OUR PARKS MASTER PLAN  
VISIT [WWW.MYFVPARKS.COM](http://WWW.MYFVPARKS.COM)

**LUNAR NEW YEAR**  
Saturday, February 7, 2026  
10AM - 1PM

# LET'S SING

*in Fountain Valley!*

## MARCH 7

### 9AM - 11AM

@FV Recreation Center



Do you want to SING the National Anthem at a City Special Event? Join us for an audition for a chance to sing for the Community!  
To sign up please call 714-839-8611



ORANGE COUNTY  
**POWER  
AUTHORITY**

COMING SOON TO  
FOUNTAIN VALLEY!

Local Control  
Customer Choice  
Clean Energy



## A new way to power Fountain Valley.

The City of Fountain Valley will soon begin providing residents and businesses a clean energy choice through the Orange County Power Authority, putting community first while building a healthier, more sustainable future.

### How it works



**Source (OCPA)**  
OCPA's portfolio of energy sourced is 81% renewable and 60% carbon-free

**Delivery (SCE)**  
SCE delivers electricity to customers and maintains the electric grid.

**Customer**  
You choose how much renewable energy you want OCPA to purchase on your behalf from three service options

- + Local control
- + Customer choice
- + Not-for-profit
- + Clean energy
- + Programs to save energy and money

Have questions about OCPA?  
We're here to help!  
[info@ocpower.org](mailto:info@ocpower.org)  
866 - 262 - 7693





## Class Registration

December 1st at 8:30AM  
 ONLINE, WALK-IN & MAIL IN  
[www.fountainvalley.gov/recreation](http://www.fountainvalley.gov/recreation)  
 You MUST have an account with the City of Fountain Valley to register online.

Fountain Valley Recreation Center:  
 16400 Brookhurst St. FV, CA 92708  
 714-839-8611

The Center at Founders Village  
 17967 Bushard St. FV, CA 92708  
 714-593-4446

2% Service Fee on all card transactions completed in-person or through the website.

### 1 Senior Luncheon: Lunar New Year

January 27 | 11:30A - 1:00P  
 \$7 Per Ticket  
 Loc: FV Senior Center



### 2 Advisory Committee for Person with Disabilities Dance

February 6 | 7:00-9:00P  
 Loc: FV Senior Center

### 3 Lunar New Year Festival

February 7 | 10:00A - 1:00P  
 Loc: FV Recreation Center



### 4 Senior Luncheon: Valentine's Day

February 10 | 11:30A - 1:00P  
 \$7 Per Ticket  
 Loc: FV Senior Center

### 5 Senior Winter Dance

February 13 | 7:00P - 9:00P  
 \$7 Per Ticket  
 Loc: FV Senior Center



### 6 Let's Sing in FV! National Anthem Auditions

March 7 | 9:00A - 11:00A  
 Call 714-839-8611 for Information  
 Loc: FV Recreation Center



### 7 Senior Luncheon: St. Patrick's Day

March 17 | 11:30A - 1:00P  
 \$7 Per Ticket  
 Loc: FV Senior Center

### 8 FV Egg Hunt

April 4 | 8:00A - 11:30A  
 Loc: FV Recreation Center

### 9 Bingo Bash!

April 17 | Starts at 6:00P  
 Call 714-593-4446 for Info  
 Loc: FV Senior Center



## FOUNTAIN VALLEY CITY COUNCIL:

Ted Bui, Mayor  
 Jim Cunneen, Vice Mayor  
 Patrick Harper, Council Member  
 Kim Constantine, Council Member  
 Glenn Grandis, Council Member

## FACILITY HOURS OF OPERATION:

Hours may vary depending on facility schedule and events. Please call to confirm facility hours.

### Recreation Center & Sports Park

16400 Brookhurst St 714-839-8611  
 Monday - Thursday 8:30am-9:00pm  
 Friday 8:30am-4:30pm  
 Saturday 8:30am-12:30pm  
 Sunday Closed

### The Center at Founders Village

Senior & Community Center  
 17967 Bushard St 714-593-4446  
 Monday - Friday 8:30am-4:30pm  
 Saturday - Sunday Closed

Email: [FVSeniorCenter@fountainvalley.gov](mailto:FVSeniorCenter@fountainvalley.gov)

Email: [FVRecreation@fountainvalley.gov](mailto:FVRecreation@fountainvalley.gov)

# TOTS & YOUTH

## ADAPTIVE PROGRAMS

### FRIENDSHIP LAB

Step into Friendship Lab, a dynamic social skills class crafted for neurodivergent individuals to boost social functioning skills and forge meaningful connections! Led by a Certified Therapeutic Recreation Specialist, this engaging program helps you master perspective-talking, teamwork, and communication through fun, interactive activities. From role-playing scenarios to group names, each session is designated to build confidence and become socially savvy in a supportive, inclusive space. Explore new leisure interests, like board games or creative projects, while forming friendships that last. Whether you're shy or outgoing, Friendship Lab offers a safe, sensory-friendly environment to practice real-world social skills and grow. Join us to unlock your social potential, make new friends, and discover the joy of connection!

Instructor: OC Lifestyles Strategies LLC

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
355430-A1	10-12	F	01/09-03/13	5:15-6:15P	\$456	ECC

### BRAIN BALLERS

Led by a Certified Recreation Therapist and movement specialist, this class was thoughtfully designed for neurodivergent individuals to enhance social skills, motor development, cognition, and overall well-being. Brain Ballers is an inclusive program that combines basketball fundamentals with tailored activities that foster teamwork, communication, and confidence. Each session creates a supportive, engaging environment where participants build physical coordination and social connections while having fun. All ability levels welcome!

Instructor: OC Lifestyles Strategies LLC

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
326011-A1	4-6	Sa	01/10-02/07	9:00-9:45A	\$186	ECC
326011-A2	4-6	Sa	02/14-03/14	9:00-9:45A	\$186	ECC
326011-A3	7-10	W	01/07-02/04	5:00-5:45P	\$186	ECC
326011-A4	7-10	W	02/11-03/11	5:00-5:45P	\$186	ECC
326011-A5	11-13	W	01/07-02/04	6:00-6:45P	\$186	ECC
326011-A6	11-13	W	02/11-03/11	6:00-6:45P	\$186	ECC

### SENSORY PLAY LAB!

Facilitated by a Certified Therapeutic Recreation Specialist, this inclusive class offers a nurturing environment where participants engage with diverse textures, sounds, colors, and movements through tailored activities for neurodivergent individuals. Sensory play is vital for neurodivergent youth, as it supports sensory processing, enhances self-regulation, and reduces anxiety by providing predictable yet stimulating experiences. Early engagement fosters emotional resilience, improves focus, and builds confidence in navigating sensory-rich environments. This class empowers young participants to explore, learn, and thrive in a supportive setting, laying a foundation for lifelong coping skills and sensory integration.

Instructor: OC Lifestyles Strategies LLC

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
326040-A1	4-6	M	01/05-01/12	5:00-5:30P	\$66	ECC
326040-A2	4-6	M	01/26-02/02	5:00-5:30P	\$66	ECC
326040-A3	4-6	M	02/09-02/23	5:00-5:30P	\$66	ECC
326040-A4	4-6	M	03/02-03/09	5:00-5:30P	\$66	ECC

### NEURO FIT

A lively fitness class for neurodivergent individuals to explore movement and boost motor skills through exciting interactive exercises! Led by a Certified Recreation Therapist and movement specialist, this inclusive program makes staying active a blast with games, dance, and obstacle courses. Build strength, enhance coordination, and connect with others in a sensory-friendly, supportive space. From relay races to rhythmic stretches, every session spark joy, fosters teamwork, and celebrates all abilities! Discover the thrill of movement, make new friends, and leave feeling empowered. No experience needed. All ability levels welcome!

Instructor: OC Lifestyles Strategies LLC

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
331030-A1	4-7	Sa	01/10-02/07	10:00-10:45A	\$186	ECC
331030-A2	4-7	Sa	02/14-03/14	10:00-10:45A	\$186	ECC
331030-A3	8-12	Sa	01/10-02/07	11:00-11:45A	\$186	ECC
331030-A4	8-12	Sa	02/14-03/14	11:00-11:45A	\$186	ECC

## ARTS & DANCE

### WHIMSICAL WORLDS & MAGICAL ART

In this mixed media class, students will learn to illustrate fantasy characters, creatures, and magical landscapes using a variety of materials such as markers, watercolor, colored pencils, and pastels. Each project combines drawing techniques with storytelling elements to help students bring their own fantasy worlds to life. Perfect for young artists who love anime, illustration, and exploring different art styles!

Instructor: Young Rembrandts

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
323023-A1	5-12	W	01/14-02/18	4:30-5:30P	\$96	RC
323023-A2	5-12	W	02/25-03/25	4:30-5:30P	\$81	RC



**CLASS LOCATIONS**

- ECC** - Edison Community Center  
21377 Magnolia St  
Huntington Beach, CA 92646
- GGSC** - Garden Grove Sports Center  
13641 Deodara Drive  
Garden Grove, CA 92844
- RC** - FV Recreation Center  
16400 Brookhurst St  
Fountain Valley, CA 92708
- SC** - FV Senior Center  
17967 Bushard St  
Fountain Valley, CA 92708
- WMAC** - World Martial Arts Center  
Inside 24 Hour Fitness  
17200 Brookhurst St  
Fountain Valley, CA 92708

WWW.FOUNTAINVALLEY.GOV

# TOTS & YOUTH

### PRINCESS BALLET

Dancers learn beginning ballet through playful terminology and imaginative movement set to songs from their favorite princesses. Class includes short storytimes, creative movement activities, props, and one princess craft.

Material Fee: \$5 craft fee due first day. Notes: Leotard, tights, and ballet shoes are required. Optional recital with nominal fee.

January-May enrollment required to participate, recital registration deadline Feb 24th. Parent participation may be requested to support dancers; otherwise, parents observe from outside. Please read: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures).

No Class 2/7.

Instructor: SoCa Arts

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
311070-A1	2.5-4.5	Sa	01/17-03/28	9:00-9:45A	\$155	RC

### ALL IN ONE DANCE

This high-energy class introduces young dancers to ballet, jazz, and hip hop in a fun, supportive environment. Instruction helps build balance, coordination, rhythm, and confidence. Notes: Leotard, tights or leggings, and jazz shoes required. Optional recital with nominal fee. January-May enrollment required to participate, recital registration deadline Feb 24th. Parents are asked to remain on site but outside dance room during class. Please read: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures).

No Class 2/7

Instructor: SoCa Arts

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
311071-A1	4-7	Sa	01/17-03/28	10:45-11:30A	\$155	RC



# TOTS & YOUTH

## BEGINNING HIP HOP

Get ready to move! In this fun, energetic class, dancers learn beginning hip hop and intro to tumbling skills! Class also promotes musicality, coordination, and even sports ability.

Notes: Athletic attire and sneakers required. Optional recital with nominal fee. January-May enrollment required to participate, recital registration deadline Feb 24th. Parents are asked to remain on site but outside dance room during class. Please read: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures)

No Class: 2/7

Instructor: SoCa Arts

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
321090-A1	3-5	Sa	01/17-03/28	9:50-10:35A	\$155	RC

## BUTTERFLY BALLET

For young dancers ready to fly into the world of ballet or stepping up from Princess Ballet! Participants learn beginning ballet, gross motor skills, and creative movement in an encouraging environment. Class promotes coordination, rhythm, and listening skills.

Notes: Leotards, tights, and ballet shoes are required. Optional recital with nominal fee. January-May enrollment required to participate, recital registration deadline Feb 24th. Parents are asked to remain on site but outside the dance room during class. Please read: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures).

No class dates: 2/7.

Instructor: SoCa Arts

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
311075-A1	3.5-7	Sa	01/17-03/28	11:35A-12:20P	\$155	RC

# SPORTS & FITNESS

## BREAKTHROUGH SPORTS: LITTLE HOOPERS

The Little Hoopers program was developed with one objective in mind: instilling the fundamentals of basketball in a fun environment for children 3 to 7 years of age! With more than 20 years of experience creating youth sports programming for professional sports teams, Breakthrough Sports is bringing their award-winning program to Fountain Valley families. The program consists of four one-hour sessions with each session focusing on a specific basketball fundamental including: dribbling, passing, shooting and defense.

Notes: Breakthrough Sports asks parents to participate to help instill confidence as well as fundamentals with the participants.

Instructor: Breakthrough Sports

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
312011-A1	3-7	Th	01/15-01/29	4:00-5:00P	\$96	RC
312011-A2	3-7	Th	02/05-02/26	4:00-5:00P	\$96	RC
312011-A3	3-7	Th	03/05-03/26	4:00-5:00P	\$96	RC

# TOTS & YOUTH

## BREAKTHROUGH SPORTS: TRAINING ACADEMY BASKETBALL CLASS

The Breakthrough Sports Training Academy is weekly training for youth basketball players of ALL skill levels at an affordable price. With more than 20 years of experience creating youth programming for professional sports teams (LA Clippers, KC Chiefs, Anaheim Ducks). Breakthrough Sports brings their award-winning training to Fountain Valley. Breakthrough Sports coaches will help participants improve mechanics, basketball IQ and most of all confidence in a FUN environment. A new curriculum will be designed weekly to work on all aspects of basketball in addition to strength building exercises.

Instructor: Breakthrough Sports

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
312012-A1	6-10	Th	01/15-01/29	5:00-6:00P	\$96	RC
312012-A2	6-10	Th	02/05-02/26	5:00-6:00P	\$96	RC
312012-A3	6-10	Th	03/05-03/26	5:00-6:00P	\$96	RC

## MOMMY/DADDY & ME SOCCER

The fun happens on the field, so don't just watch from the sidelines! Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child develop their motor and socialization skills. A variety of soccer activities are played each week.

Notes: Adult participation is required. All participants receive a Kidz Love Soccer jersey!

No Class: 2/16

Instructor: Kidz Love Soccer

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
312041-A1	2-3.5	M	02/02-03/16	5:45-6:15P	\$159	RC

**AN APPRECIATION OF HISTORY AND CULTURE**

# LUNAR NEW YEAR FESTIVAL

**FV RECREATION CENTER  
16400 BROOKHURST ST 92708  
10AM-1PM**

**FEBRUARY 7, 2026**

**GAMES • ACTIVITIES • CRAFTS • HISTORY**



**CLASS LOCATIONS**  
**See page 9**

# TOTS & YOUTH

## TOT/PRE SOCCER

Little tykes will enjoy running and kicking just like the big kids! Children will have fun and learn the basic techniques of the game while building self-esteem. Children learn to follow instructions in a nurturing, age-appropriate environment.

Notes: All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

No class 2/16.

Instructor: Kidz Love Soccer

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
322040-A1	3.5-5	M	02/02-03/16	5:05-5:40P	\$159	RC



## SOCCER 1 & 2 COMBO

Big Kidz Unite! Learn advanced dribbling, passing, defense, shooting on goal, and goaltending. Kids also learn to scrimmage and play together as a team. From defense and mid-field, to forward and goalie, kids get exposure playing every position and have a blast doing it! Perfect for first time players while fun and engaging for kids with experience.

Notes: All participants receive a Kidz Love Soccer Jersey. Shin Guards are required after the first meeting.

No Class: 2/16

Instructor: Kidz Love Soccer

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
322041-A1	5-10	M	02/02-03/16	4:15-5:00P	\$159	RC

## BEGINNER VOLLEYBALL

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive, supportive, and fun environment. Come have fun and learn with us!

Instructor: West Grove Volleyball

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
332031-A1	8-10	Su	01/04-01/25	1:15-2:15P	\$52	GGSC
332031-A2	8-10	Su	02/08-02/22	1:15-2:15P	\$45	GGSC
332031-A3	8-10	Su	03/01-03/22	1:15-2:15P	\$52	GGSC
332031-B1	8-10	Su	01/25-02/22	9:00-10:00A	\$39	RC
332031-B2	8-10	Su	03/01-03/22	9:00-10:00A	\$52	RC

## INTERMEDIATE VOLLEYBALL

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive, supportive, and fun environment. This course takes the beginner athlete to the next step. Come have fun and learn with us!

Instructor: West Grove Volleyball

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
332032-A1	11-14	Su	01/04-01/25	2:15-3:15P	\$52	GGSC
332032-A2	11-14	Su	02/08-02/22	2:15-3:15P	\$45	GGSC
332032-A3	11-14	Su	03/01-03/22	2:15-3:15P	\$52	GGSC
332032-B1	11-14	Su	01/25-02/22	10:00-11:00A	\$39	RC
332032-B2	11-14	Su	03/01-03/22	10:00-11:00A	\$52	RC

## YOUNG CHAMPIONS KARATE

This program combines safety awareness education with self-defense instruction in a fun, structured environment! Students are placed into classes according to age and ability. Students learn and practice verbal and physical skills for self-defense against bullies and strangers.

Students' progress in rank and earn their belts!

Material Fee: Students are required to wear uniforms which can be purchased at class for \$35.

Instructor: Young Champions

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
332151-A1	4-18	Th	01/15-03/26	5:15-5:55P	\$124	RC
332151-A3	4-18	Th	01/15-03/26	6:00-6:40P	\$124	RC
332151-A5	4-18	Th	01/15-03/26	6:45-7:25P	\$124	RC

## MASTER HWANG'S WARRIORS!

Official Olympic-Style of Taekwondo and traditional mixed martial art Hapkido. Our program emphasizes character development: Respect to parents and teachers, discipline/focus of mind and body, and confident attitude. We challenge our students to give their best effort and be future leaders. This is a great family activity for fitness and to learn new skills. Once a week, sign-ups are available throughout the season.

Material Fee: \$35 for uniform.

Instructor: World Martial Arts Center

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
332152-A1	4+	M,W,F	01/12-03/27	5:00-5:50P	\$87	WMAC
332152-A2	4+	Tu,Th	01/13-03/26	6:00-6:50P	\$87	WMAC
332152-A3	4+	Sa	01/17-03/28	9:00-9:50A	\$87	WMAC

## ADAPTIVE PROGRAMS

### NEURO FIT

A lively fitness class for neurodivergent individuals to explore movement and boost motor skills through exciting interactive exercises! Led by a Certified Recreation Therapist and movement specialist, this inclusive program makes staying active a blast with games, dance, and obstacle courses. Build strength, enhance coordination, and connect with others in a sensory-friendly, supportive space. From relay races to rhythmic stretches, every session spark joy, fosters teamwork, and celebrates all abilities! Discover the thrill of movement, make new friends, and leave feeling empowered. No experience needed. All ability levels welcome!

Instructor: OC Lifestyles Strategies LLC

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
331030-A5	13+	F	01/09-02/06	4:00-4:45P	\$186	ECC
331030-A6	13+	F	02/13-03/13	4:00-4:45P	\$186	ECC

# TEENS & ADULTS

## FRIENDSHIP LAB

Step into Friendship Lab, a dynamic social skills class crafted for neurodivergent individuals to boost social functioning skills and forge meaningful connections! Led by a Certified Therapeutic Recreation Specialist, this engaging program helps you master perspective-talking, teamwork, and communication through fun, interactive activities. From role-playing scenarios to group names, each session is designated to build confidence and become socially savvy in a supportive, inclusive space. Explore new leisure interests, like board games or creative projects, while forming friendships that last. Whether you're shy or outgoing, Friendship Lab offers a safe, sensory-friendly environment to practice real-world social skills and grow. Join us to unlock your social potential, make new friends, and discover the joy of connection!

Instructor: OC Lifestyles Strategies LLC

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
355430-A2	13-18	F	01/09-03/13	5:15-6:15P	\$456	ECC

## ARTS & DANCE

### SOCIAL DANCE LEVEL 1

Join us and learn to dance for all social occasions in fun and easy dance classes. We will do a rhythm dance like Swing or Cha-Cha or Bachata and a smooth dance like Waltz or Foxtrot/Slow dance.

Notes: No experience needed. Dance partners are required and both partners must register separately.

Instructor: Carri Fox

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
351111-A1	18+	Tu	01/13-03/17	6:45-7:30P	\$82	SC

REGISTER ONLINE:  
[WWW.FOUNTAINVALLEY.GOV/RECREATION](http://WWW.FOUNTAINVALLEY.GOV/RECREATION)  
 EMAIL: [FVRECREATION@FOUNTAINVALLEY.GOV](mailto:FVRECREATION@FOUNTAINVALLEY.GOV)  
 CALL: (714) 839 - 8611

# TEENS & ADULTS

## SOCIAL DANCE LEVEL 2

Let's take your dancing to the next level! If you are comfortable with Fox Trot, Swing, Waltz, Cha Cha, and other Latin dances, join us to add material and styling.

Notes: Dance experience required. Dance partner is required and both partners must register separately.

Instructor: Carri Fox

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
351113-A1	18+	Tu	01/13-03/17	7:30-8:15P	\$82	SC

## EASY LINE DANCE

Do you like to line dance but don't like all the turns and difficult moves? Come Join us for an Easy Line Dance class. We dance to old favorites and learn some new dances with few turns and lots of reviews.

Notes: No partners, no pressure, just fun dancing.

Instructor: Carri Fox

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
351134-A1	18+	Tu	01/13-03/17	1:30-2:30P	\$59	RC
351134-A2	18+	Tu	Walk-in	1:30-2:30P	\$6	RC

## LINE DANCING

### LEVEL 1 BEGINNER/IMPROVER

Beginner / Improver Level. No previous experience necessary. You will learn basic steps, sequences, and vocabulary as well as new and classic dances. Great exercise for the body and mind.

Instructor: Vickie Jackson

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
351139-A1	18+	Tu	01/13-02/10	7:00-8:00P	\$36	RC
351139-A2	18+	Tu	02/17-03/24	7:00-8:00P	\$42	RC

## LINE DANCING LEVEL 2

### IMPROVER/EASY INTERMEDIATE

Previous knowledge of basic steps, sequences and vocabulary is required. Learn more advanced step patterns as well as new and classic line dances while improving physical and mental fitness. Line dancing has been proven to decrease the risks of Alzheimer's.

Instructor: Vickie Jackson

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
371136-A1	18+	Tu	01/13-02/10	6:00-6:55P	\$36	RC
371136-A2	18+	Tu	02/17-03/24	6:00-6:55P	\$42	RC

# SPORTS & FITNESS

## YOGAFLOW

Yoga for full body workout. Instructions are in Vietnamese, but we welcome ALL. Beginning to Intermediate Yoga: Basic Yoga forms, stretch, balance, back bends, side/forward splits. Also learn to integrate breathing technique into each movement.

Benefits: Flexible, mobility, focus, awareness, strength/endurance, and release muscle tensions.

Notes: You can sign up for any day(s) or ALL classes. For full benefit, we encourage you to sign up for ALL classes. Bring a yoga mat, 2 yoga blocks, 1 yoga strap, 2- 2lbs dumbbells.

No Class: 1/18, 1/19, 2/8, 2/16, 3/1

Instructor: Victor Dao

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
351017-A1	18+	M	01/12-03/23	9:30-11:30A	\$45	RC
351017-A2	18+	W	01/14-03/25	9:30-11:30A	\$55	RC
351017-A3	18+	Su	01/25-03/29	9:30-11:30A	\$35	RC
351017-A4	18+	M,W	01/12-03/25	9:30-11:30A	\$80	RC
351017-A5	18+	M,Su	01/12-03/29	9:30-11:30A	\$64	RC
351017-A6	18+	W,Su	01/14-03/29	9:30-11:30A	\$72	RC
351017-A7	18+	M,W,Su	01/12-03/29	9:30-11:30A	\$81	RC
351017-A8	18+	M,W,Su	Walk-in	9:30-11:30A	\$8	RC

## JAZZERCISE CARDIO SCULPT

We are your ultimate dance workout escape - where fitness meets Fierce! Think heart pumping moves, killer playlist and zero judgement - combining Pilates, yoga, strength, and stretch. Get ready to WERK it like nobody's watching! Bring your smile, yoga mat, and hand weights to class!

No class: 1/19, 2/16

Instructor: Erica Den Hartog

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
351020-A1	14+	M,W	01/12-02/04	6:00-7:05P	\$62	RC
351020-A2	14+	M,W	02/09-03/04	6:00-7:05P	\$62	RC
351020-A3	14+	M,W	03/09-03/25	6:00-7:05P	\$54	RC
351020-A4	14+	M,W	Walk-in	6:00-7:05P	\$16	RC



CITY OF FOUNTAIN VALLEY

## ADVANCED VOLLEYBALL

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course will be fast paced to suit the experienced athlete. Come have fun and learn with us!

Instructor: West Grove Volleyball

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
352030-A1	12-15	Su	01/04-01/25	3:15-4:15P	\$52	GGSC
352030-A2	12-15	Su	02/08-02/22	3:15-4:15P	\$45	GGSC
352030-A3	12-15	Su	03/01-03/22	3:15-4:15P	\$49	GGSC
352030-B1	12-15	Su	01/25-02/22	11:00A-12:00P	\$39	RC
352030-B2	12-15	Su	03/01-03/22	11:00A-12:00P	\$52	RC

## INTEGRAL TAI CHI I

The 10-form integral Tai Chi combines Yoga, Tai Chi and Qi Gong movements. It has been developed as a way to improve physical wellness, sharpen mental focus, and train meditative awareness through a combination of exercises, breathing, relaxation, visualization and meditative techniques.

Notes: Yoga mat and water at room temperature are recommended.

Material Fee: \$15 to instructor on first class.

Optional Material Fee: \$20 for t-shirt.

Instructor: Compassionate Service Society

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
361031-A1	18+	Tu,Th	01/13-03/26	5:00-7:00P	\$42	SC

## INTEGRAL TAI CHI II

A continued advancement from Integral Tai Chi I. The 10-form Integral Tai Chi is designed to develop and maintain equilibrium in the centers of the body's "spinning energy" to give practitioners a physical, mental, emotional and spiritual balance. Achieving physical harmony will bring forth harmony and balance in life.

Material Fee: \$15 to instructor on first class.

Optional Material Fee: \$20 for t-shirt.

Instructor: Compassionate Service Society

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
361032-A1	18+	Tu,Th	01/13-03/26	5:00-7:00P	\$42	SC

# TEENS & ADULTS

## BREAKTHROUGH SPORTS:

### TRAINING ACADEMY BASKETBALL CLASS

The Breakthrough Sports Training Academy is weekly training for youth basketball players of ALL skill levels at an affordable price. With more than 20 years of experience creating youth programming for professional sports teams (LA Clippers, KC Chiefs, Anaheim Ducks).

Breakthrough Sports brings their award-winning training to Fountain Valley. Breakthrough Sports coaches will help participants improve mechanics, basketball IQ and most of all confidence in a FUN environment. A new curriculum will be designed weekly to work on all aspects of basketball in addition to strength building exercises.

Instructor: Breakthrough Sports

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
312012-B1	11-14	Th	01/15-01/29	6:00-7:00P	\$96	RC
312012-B2	11-14	Th	02/05-02/26	6:00-7:00P	\$96	RC
312012-B3	11-14	Th	03/05-03/26	6:00-7:00P	\$96	RC

## SPECIAL INTEREST

### SUGAR CLOUD COOKIE

### DECORATING WORKSHOP

Follow along as Claudia teaches you to outline, flood, and detail sugar cookies with royal icing. All materials are provided as well as a take home gift bag.

Instructor: Sugar Cloud Cookie

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
356040-A1	13+	Sa	01/31-01/31	11:00A-12:30P	\$56	RC



WWW.FOUNTAINVALLEY.GOV

**BINGO!**  
*Bash*

EVENT STARTS AT 6PM

★ Fri. April 17, 2026

**PRIZES - MUSIC - FOOD**

**\$25 PER PERSON - ALL AGES**

TICKET INCLUDES 30 BINGO CARDS + 1 DAUBER + DINNER + 1 NON-ALCOHOLIC DRINK TICKET

ADDITIONAL CARDS = \$3/EACH

DAUBERS = \$2/EACH | ALCOHOLIC DRINKS = \$VARIES

DINNER IS NOT GUARANTEED FOR THOSE WHO REGISTER

AFTER APRIL 9TH.

*OUTSIDE FOOD AND DRINK IS NOT PERMITTED*

REGISTRATION IS REQUIRED ONLINE OR IN PERSON

**EVENT CODE: 975081-A1**

**THE CENTER AT FOUNDERS VILLAGE SENIOR & COMMUNITY CENTER**

**17967 BUSHARD STREET, FV 92708**

FOR QUESTIONS OR MORE INFORMATION, PLEASE CALL 714-593-4446

EGG HUNTS | BUNNY PHOTOS | INFLATABLES & MUCH MORE!

**FV EGG HUNT APRIL 4**

FV SPORTS PARK  
16400 BROOKHURST ST 92708  
8AM - 11:30AM

MORE INFORMATION (714) 839-8611



*Thank You!* **SPONSORS**  
— TO OUR



Sustainability in Action

- Apex Cuts | BW Personal Training | Children's Dental FunZone
- Creative Ice Company | Farmers Insurance - Theresa Simes
- Fountain Valley Skating Center | OneLegacy | Orange County Power Authority
- OrangeTheory Fitness | Renewal By Andersen | Sanofi
- Sam's Club #6615 | SCAN Health Plan | Surf City Smiles
- Surf City Smiles Orthodontics | UCI Health - Fountain Valley



The City of Fountain Valley, in collaboration with the Fountain Valley Community Foundation (FVCF), is proud to offer you this opportunity to participate in "creating community" in Fountain Valley. If interested in sponsoring an event please scan the QR Code to view our sponsorship packet and commitment form.



## OLDER ADULTS

# THE CENTER AT FOUNDERS VILLAGE SENIOR AND COMMUNITY CENTER

Open to all Senior/Active Adults, 55 years of age or older. If you are newly retired, are new to the community, or are seeking new friends, The Center at Founders Village is the place for you! The Center at Founders Village is a great place to be connected with residents and members of surrounding communities, accomplish a fitness goal, volunteer, or try something new by attending one of our many programs. There is no membership fee to join the center; however, we do require you to fill out a Membership Form.

### **AARP** Foundation TAX ASSISTANCE

Registration Opens  
JANUARY 5TH

Call 714-593-4446  
to make an appointment.



CITY OF FOUNTAIN VALLEY

## TECH TUTORING

Teen Tech Tutors on Tuesdays from 3:30pm-4:30pm  
Tech Tutoring on Thursdays from 12:30pm-2:30pm  
Teen Tech Tutors on Thursdays from 3:30pm-4:30pm

Get help navigating the digital world! The Center offers workshops and one-on-one technology tutoring to help seniors learn new skills, from using smartphones and tablets to managing email and understanding social media.

## FITNESS ROOM

@ SENIOR CENTER

Working out prevents disease, improves mental health, decreases the risk of falls, and provides a place for social engagement! Our Fitness Room, available to seniors 55+, is equipped with both cardiovascular equipment (like treadmills, ellipticals, and recumbent bikes) and weight training equipment (including a Multi Gym Station, Nustep, and free weights).

Membership is required to use the Fitness Room (options include daily, 10-visit, 20-visit, or yearly passes). Please complete a Fitness Room Membership Packet, waiver, and required in-person orientation with a staff member to begin.

# OLDER ADULTS

## TAX ASSISTANCE INFORMATION

The Center at Founders Village provides free one-hour appointments for tax assistance with a focus on people who are age 50 and older. This program is administered through the Tax Counseling for the Elderly (TCE) volunteers in cooperation with AARP and the IRS, in which IRS-certified volunteers provide free assistance and basic income tax return preparation with electronic filing to qualified individuals.

Meets: Annually from February – April. Note: Appointments are mandatory. Please call The Center at Founders Village at (714) 593-4446 to make an appointment starting Monday, January 5.

## HICAP

Health Insurance Counseling Advocacy Program (HICAP) is offered through the Council on Aging-Southern California. HICAP offers free unbiased and individualized counseling on Medicare, Medicare Policies, and other related health insurance topics. The HICAP counselor can assist you by improving your understanding of Medicare related benefits, enrollment requirements, supplemental plans, prescription drug plans, programs to help lower your costs, and long-term care services and support. Assistance with billing issues, including appeals, is also available. Join us the second and fourth Tuesday, every month, from 9:00am-12:00pm. There is no cost to schedule an appointment, but please register by calling our front desk at (714) 593-4446.

## LEGAL AID

The Legal Aid Society offers legal advice to seniors (must be at least 60 years of age or older). A legal representative is available to offer advice on issues including government benefits, health, housing, consumer problems, wills, elder abuse, and more. Join us on the third Tuesday, every month, from 9:00am-12:00pm. There is no cost to schedule an appointment, but please register by calling our front desk at (714) 593-4446.

## RESOURCES & REFERRAL PROGRAM

Resource & Referral Program: This program is dedicated to supporting successful aging in order to meet your health and wellness needs. A social services counselor is available to offer resources and referrals on housing, medical services, in-home support services, and much more! Join us every Tuesday, Wednesday, and Thursday. There is no cost, the program is free. Please register by calling our front desk at (714) 593-4446.

- Tuesdays for 9:00AM-11:30AM: In-person Referral & Resource Appointments with Gail
- Wednesday from 11:00AM-12:30PM: Referral & Resource Appointments with Muriel

## “HOP ON” Senior Mobility Transportation Program:

Through OCTA Measure M2 funding, this service provides roundtrip transportation from resident’s homes anywhere within Fountain Valley. Through a contract with California Yellow Cab. This program provides curb-to-curb service Sunday-Saturday from 8:00am-7:00pm. The cost to ride is \$2.00 per one-way trip. This program is open to all Fountain Valley residents, ages 60 and older. To register, please call The Center at Founders Village at (714) 593-4446.



**HOP ON!**  
Senior Transportation Program

Senior Transportation is provided for residents 60 years and older in Fountain Valley.



CITY OF FOUNTAIN VALLEY

## THE CENTER AT FOUNDERS VILLAGE VOLUNTEER PROGRAM

The Center at Founders Village has a variety of volunteer opportunities! Whether you are assisting at our front desk or helping out at a special event – we have a role for you! Contact the front desk at (714) 593-4446 to apply today!



## CENTER PIECE MAILING LIST

The Fountain Valley Center Piece is the key newsletter for the older adult community. The newsletter includes classes, health seminars, special events and anything our community’s active seniors would like to know. Contact the reception desk for more information at 714-593-4446.

CODE	AGE	DAYS	DATES	FEES	LOC
917010-A1	55+	Yearly	Monthly	\$20	SC



**CLUBS & GROUPS**

Join one of the 20+ groups hosted weekly at The Center at Founders Village. Whether you enjoy playing different types of card games, exploring your crafty side, or need a support



**CONTACT US**

WWW.FOUNTAINVALLEY.GOV

REGISTER ONLINE:  
WWW.FOUNTAINVALLEY.GOV/RECREATION  
EMAIL: FVSENIORCENTER@FOUNTAINVALLEY.GOV  
CALL: (714) 593 - 4446

# OLDER ADULTS

## ARTS & DANCE

### DRAWING AND PAINTING FOR EVERYONE

A drawing and painting class for everyone. If you are interested in learning shading, contouring, and perspective, then the class will start by introducing and mastering those areas. Continuing painting students will be supervised and instructed in composition, color mixing and proportion. Students will work in both a group and individual capacity.

Materials provided by instructor, students will purchase own supplies (Approximately \$100-150). Instructor: Beth Chilcott

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
373013-A1	55+	W	01/14-03/25	9:30-11:30A	\$96	SC

### LINE DANCING 2/3

The Line Dance class will perform dances to many patterns and steps to different types of music and tempos. Line Dancing has been proven to help with memory, balance, mobility, cardiovascular fitness, and can help with regular physical activity, with dementia and Alzheimer's. Notes: Must be at a line dance Level 2 or 3 to take this class, sorry no beginners.

No Class: 2/16

Instructor: Edward Camarena

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
371133-A1	55+	M	01/26-03/23	10:00-11:15A	\$46	SC
371133-A2	55+	M	01/26-03/23	11:15A-12:30P	\$46	SC



### LINE DANCE FOR BEGINNERS

Come join the fun as you learn various basic steps of line dancing. No prior dance experience needed. Comfortable attire suggested.

Instructor: Edward Camarena

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
371134-A1	55+	F	01/23-03/27	1:15-2:30P	\$46	SC

## BEGINNER LINE DANCING

### - LEVEL 1

Kick, Stomp, Laugh, Make Friends and Learn to Line dance. Learn the classic and latest dances with basic patterns and terminology. Great social fun and exercise for the mind and body. Notes: No partners needed.

Instructor: Kimberly Gautney

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
371137-A1	55+	W	01/14-02/18	1:00-2:00P	\$106	SC
371137-A2	55+	W	02/25-03/25	1:00-2:00P	\$90	SC

## BEGINNER TWO STEP AND COUPLES DANCING - LEVEL 1

Laugh, Make Friends, and Learn to Couples Two Step and Partner Dances. Learn the classic Country Two Step with basic patterns, turns and terminology and favorite partner dances like the Cowboy Cha Cha. Great social fun and exercise for the mind and body.

Notes: Partners preferred but not required.

Instructor: Kimberly Gautney

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
371505-A1	55+	W	01/14-02/18	2:00-3:00P	\$106	SC
371505-A2	55+	W	02/25-03/25	2:00-3:00P	\$90	SC

## INTEGRAL TAI CHI

Integral Tai Chi for seniors is a health improvement program, combining body movements, relaxation, breathing techniques, and meditation in one system that integrates body, mind, and spirit. They are designed to increase energy, flexibility, balance, and concentration.

Notes: Yoga mat and water at room temperature are recommended.

Material Fee: \$15 to instructor on first class.

Optional Material Fee: \$20 for t-shirt.

No Class: 1/19 and 2/16

Instructor: Compassionate Service Society

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
371032-A1	50+	M	01/12-03/23	2:00-3:30P	\$24	SC



# HEALTH & WELLNESS

## PERSONAL TRAINING

### 30 MINUTE SESSION

Looking for personalized follow-up to Physical Therapy or a one-on-one Fitness Program customized to your needs and abilities? Book a personal training session and take the first step towards a healthier, more vibrant life today. Build muscle, endurance and flexibility at any age. Cathy has over 14 years' experience working with the 50+ population and is an expert in helping clients reach their fitness goals and elevating their quality of life. Must be available 10:30AM-12:30PM. Must contact Trainer after you pre-register at least a week prior to your assigned 30-minute time slot and intake form to fill out prior to first meeting.

Instructor: Catherine Badum

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
371192-A1	50+	Tu	01/13-02/03	10:30A-12:30P	\$166	SC
371192-A2	55+	Th	02/26-03/26	10:30A-12:30P	\$166	SC

## FOREVER YOUNG

Join a community of older adults for a total-body workout for any fitness level. Forever Young classes are designed to boost your overall health and increase flexibility, balance, coordination, and muscular strength. Exercises can be performed in a seated or standing position and modified for any fitness level.

Bring a set of 2-pound hand-held weights, water, and a positive attitude. Stretch bands are available for purchase from the instructor.

Instructor: Carrie Wardecki

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
371037-A1	60+	Tu,Th	01/13-02/19	11:00-11:45A	\$114	RC
371037-A2	60+	Tu,Th	02/24-03/26	11:00-11:45A	\$96	RC



## ZUMBA GOLD

Keep your body and mind in tip-top shape! Did you know that dancing can turn back the clock on brain aging. Experience this and groove at your own pace in this Zumba Gold dance party workout tailored for the young at heart! With easy-to-follow, low-impact steps, feel the infectious JOY pulsating through every move! \*\*\*Please pre-register.\*\*\*

\*\*\*Newbies: First Day, Try-It Before You Buy It 1/15\*\*\*

Instructor: Catherine Badum

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
371130-A1	55+	Tu	01/15-01/15	9:00-10:00A	DEMO	SC
371130-A2	55+	Th	01/22-03/26	9:00-10:00A	\$94	SC



## MUSICAL CHAIR - SEATED FITNESS

Did you know that moving to music is a great way to challenge your brain, strengthen muscles, protect joints, and reduce the risk of falling? Join our seated chair class and enjoy vibrant music with our uplifting instructor! Please pre-register.

\*\*\*NEWBIES: First Day, Try-It Before You Buy It 1/14.\*\*\*

No Class: 2/18, 3/18

Instructor: Catherine Badum

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
371131-A1	50+	W	01/14-01/14	10:45-11:30A	DEMO	SC
371131-A2	50+	W	01/21-03/25	10:45-11:30A	\$96	SC

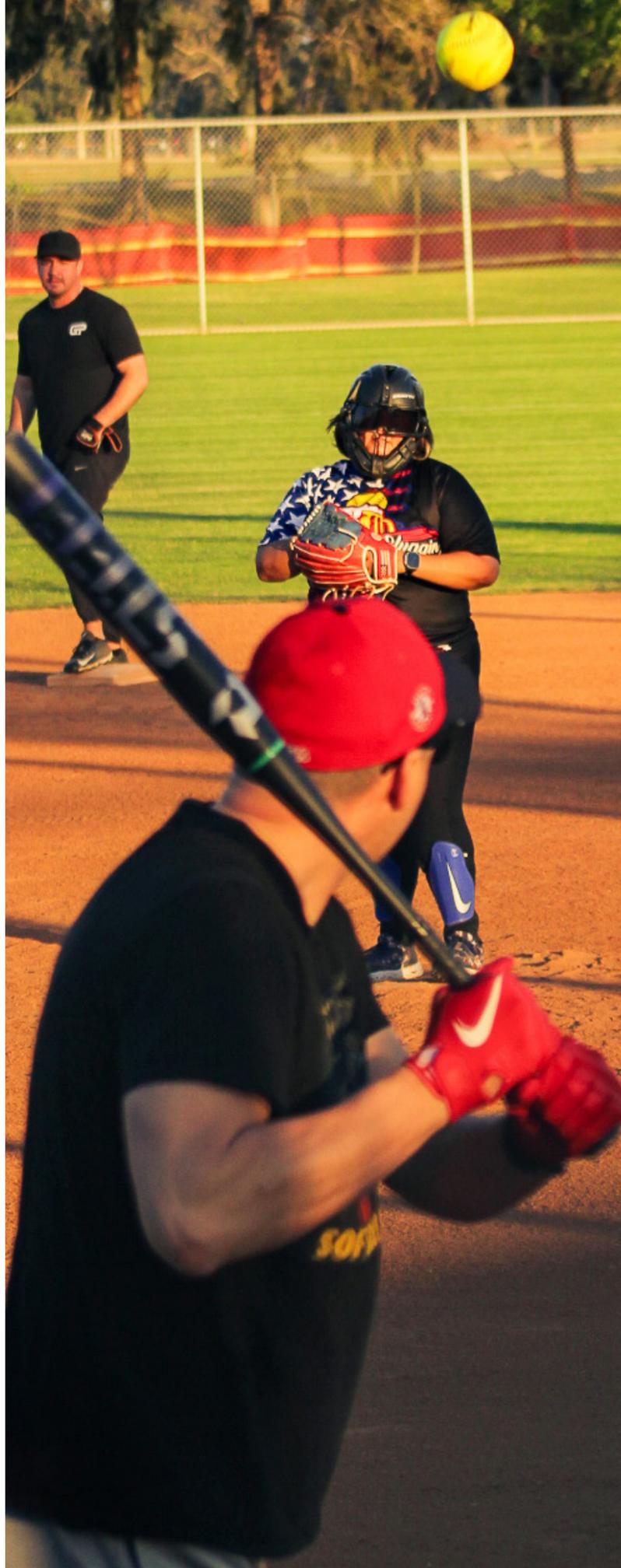
## STRETCH AND FLEX

The Stretch & Flex class helps condition muscles, joints and range of motion with easy stretching exercises. The exercises are done in a chair, taking any stress from hips, knees and lower back problems. The class will help with flexibility, balance, and mobility.

Instructor: Edward Camarena

CODE	AGE	DAYS	DATES	TIME	FEES	LOC
371132-A1	55+	Tu	01/20-03/24	3:15-4:15P	\$46	SC

# OLDER ADULTS



# YOUTH & ADULT SPORTS

## DROP IN PICKLEBALL

The Rec Center Front Desk Staff have a list of all NO PLAY DATES that they can provide for days that we don't offer Pickleball due to facility conflicts.

Days	Time	Price	Loc
Monday and Friday	8:30-11:30A	\$3 per person	RC

## DROP IN BADMINTON

The Rec Center Front Desk Staff have a list of all NO PLAY DATES that they can provide for days that we don't offer Badminton due to facility conflicts.

Days	Time	Price	Loc
Sunday	5:00-8:00P	\$3 per person	RC

## ADULT CO-ED VOLLEYBALL

New teams are evaluated and placed in an appropriate divisional level. Players without a team should come to a player tryout. For more info please visit [ricsvolleyball.com](http://ricsvolleyball.com).

Days	Time	Price	Loc
Wednesday & Thursday	6:30-10:00P	ONLINE	RC

## ADULT BASKETBALL

We provide an environment that supports camaraderie, competition, and community. For more info and/or to register for Adult Basketball please visit [fastactionbasketball.com](http://fastactionbasketball.com).

Days	Time	Price	Loc
Monday & Tuesday	7:00-10:00P	ONLINE	RC

To find out more information, please call the FV Recreation Center at 714-839-8611 and staff will be happy to address any concerns or questions.



**SPORTS HOTLINE | 714-593-4469**

## ADULT SOCCER Season: Feb. 10th - Apr. 22nd

Registration Fee includes a minimum of 8 games. Registration will remain open until February 1st or until a division is filled. All soccer league games are played at the Fountain Valley Sports Park at 16400 Brookhurst St. There will be a mandatory manager's meeting via Zoom on Thursday, February 6, 2026.

Registration Dates

Early Bird: November 3rd - November 23rd | \$370

Regular: November 24th - February 1st | \$400

Tuesday   Co-ed	Wednesday - Mens
SC6602R1 - Bronze	SC6603R1 - Bronze
SC6602L1 - Silver	SC6603L1 - Silver

## ADULT SOFTBALL Season: Jan. 26th - May 1st

Registration Fee includes Umpire Fees and a minimum of 10 games. Registration will remain open until January 18th or until a division is filled. All softball league games are played at the Fountain Valley Sports Park at 16400 Brookhurst St. There will be a mandatory manager's meeting via Zoom on Wednesday, January 21, 2026.

Registration Dates

Early Bird: November 3rd - November 16th | \$515

Regular: November 17th - January 18th | \$545

Senior Teams: November 3rd - January 18th | \$465

Monday	Tuesday	Wednesday	Thursday	Friday
Men's (ASA Open Bat)	Co-ed	Men's	Senior's	Co-ed
SB6601R1 Bronze	SB6602R1 Bronze	SB6603R1 Bronze	SB6604R1 Bronze	SB6605R1 Bronze
SB6601L1 Silver	SB6602L1 Silver	SB6603L1 Silver	SB6604L1 Silver	SB6605L1 Silver
SB6601U1 Gold	SB6602U1 Gold	SB6603U1 Gold	SB6604U1 Gold	SB6605U1 Gold

## FV YOUTH BASKETBALL LEAGUE SUMMER 2026

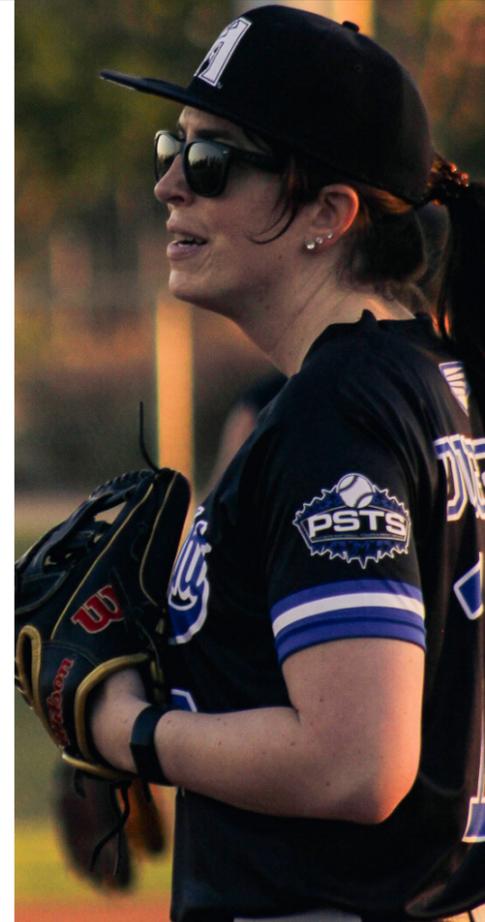
Season: June 26th - Aug. 19th

Come have fun in an environment that allows you to learn more, improve what you know, and learn about working with a team.

Note: Practices happen on weekdays at night, and games are on Friday Nights or Saturday Mornings. Coaches are volunteers and referees are City Staff.

Registration Dates Open at the end of Winter Season

Code	Division	Years Born	Fees	Loc
542010-A1	Div. A	2012-2013	\$80	RC
542010-A2	Div. B	2014-2015	\$80	RC
542010-A3	Div. C	2016-2017	\$80	RC





NEW Pickleball Courts - Check it Out!



**OPERATING HOURS:  
"COME SAY HI & PLAY!"**

**MONDAY - FRIDAY  
8:00 AM - 12:00PM & 4:00 PM - 9:00 PM**

**SATURDAY & SUNDAY  
7:00 AM - 8:00 PM**

# AGAPE TENNIS & PICKLEBALL

[www.agapetennisacademy.com](http://www.agapetennisacademy.com)

Follow us on social media on Facebook and Instagram @AgapeTennisAcademy



## AGAPE TENNIS & PICKLEBALL

### AGAPE PRO SHOP

Office Manager: Lily Nguyen  
lilyh@agapetennisacademy.com

Agape Tennis has a pro shop with racquet re-stringing, regripping, Agape tennis and pickleball gear, hats, racquet and paddle accessories, bags, snacks, waters, and more.

For court reservations and billing please contact our office manager.



# JOIN THE AGAPE FAMILY

### IMPORTANT POLICIES:

- \*To guarantee a spot, sign up online at [www.agapetennisacademy.com](http://www.agapetennisacademy.com)
- \*Credit/Debit Card Payment is required at time of registration (we do not accept cash)
- \*Monthly payment is due at the beginning of each month
- \*Pro-rated pricing is available depending on start date
- \*Must sign up for specific days
- \*Automatic re-registration unless notified by email prior to the end of the month
- \*Credits will be issued for weather-related cancellations
- \*Pro Shop will email cancellations and updates on junior program classes
- \*Drop-ins for classes will be allowed if minimum number of players has been met
- \*Leagues use pro-rated system no drop-ins and final weeks not available for pro-rating



# CONTACT US

REGISTER ONLINE:  
[WWW.AGAPETENNISACADEMY.COM](http://WWW.AGAPETENNISACADEMY.COM)  
EMAIL: [FVINFO@AGAPETENNISACADEMY.COM](mailto:FVINFO@AGAPETENNISACADEMY.COM)  
CALL: (714) 587-0797



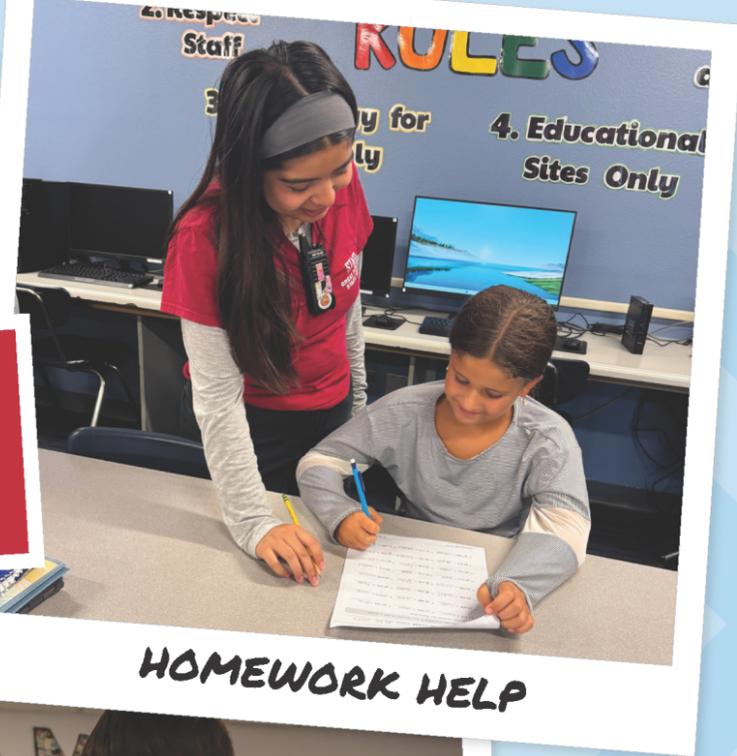
**BOYS & GIRLS CLUBS**  
OF HUNTINGTON VALLEY

**BEFORE & AFTER SCHOOL PROGRAMS**  
**TK - 8TH GRADE**

**FRIENDSHIP,  
FUN, &  
LEARNING**

**ENRICHMENT  
ACTIVITIES:**

- Homework Help
- STEM
- Esports
- Arts & Crafts
- Sports
- Cooking
- Social Emotional Learning
- and lots more!



**HOMEWORK HELP**



**CREATIVE ACTIVITIES**

Transportation to/from school

**WINTER BREAK DAY CAMP**

Open 6:30am - 6:00pm \$160/WEEK • \$45/DAY

**OPTIONAL FIELD TRIPS**

John's Incredible Pizza, Nickel Nickel, Chuck E. Cheese, Fountain Bowl, FunParx, and FV Skating Center .



SCAN TO REGISTER



**CHILD DEVELOPMENT PRESCHOOL**

**Learning Center  
Child Development Preschool**

Children Ages 6 Weeks to 6 Years

Monday - Friday, 7:00AM - 6:00PM

**Tuition Fees \$180/wk - \$345/wk**

- Infant program, starting at 6 weeks
- Toddler program, 12 to 24 months
- Preschool w/Potty Training, 24+ months
- Preppy Kindergarten & Transitional Kindergarten



Scan for info

**Full Time & Part Time Programs Available**

- Loving, high quality care you can count on
- Curriculum aligned with Common Core State Standards, focused on school readiness and your child's physical, social, and emotional growth
- Inclusive program for your children, including children with special needs

**Program is open year-round including most holidays, Spring, Winter and Summer Breaks**

**BGCHV.com/preschool**



**NURTURING CARE**



**SCHOOL READINESS**

**JOIN THE CLUB**

**FOUNTAIN VALLEY KINGSTON BRANCH**

16582 Brookhurst Street, FV, 92708 • (714) 531-2582  
REGISTER AT [www.bgchv.com](http://www.bgchv.com)

**LEARNING CENTER CHILD DEVELOPMENT PRESCHOOL**

17565 Los Alamos Street, FV, 92708 • (714) 593-1524  
LEARN MORE AT [www.bgchv.com](http://www.bgchv.com)



# ClubHouse Academy

Register Online at [ClubHouseAcademy.com](http://ClubHouseAcademy.com) for Dance, Karate, Gymnastics, Musical Theatre & more

## DANCE

**FEES** 50-min. classes: \$60/mo • 2 classes: \$100/mo  
Ask about discounts for multiple classes.

### Preschool Dance

Dance	2½-5 yrs	M	4:30pm - 5:15pm
Ballet	3-5 yrs	W	3:00pm - 3:45pm
Tap/Jazz	3-5 yrs	Th	3:00pm - 3:45pm

### Acro-Jazz

Level 1/2	6 yrs +	T	4:00pm - 4:50pm
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### Ballet

Level 1	5 yrs +	Th	4:00pm - 4:50pm
Level 1	5 yrs +	S	11:00am - 11:50am
Level 2/3	8 yrs +	Th	6:00pm - 6:50pm
Level 2	8 yrs +	S	9:00am - 9:50am
Level 3 Pre/Teen	11 yrs +	F	3:30pm - 4:20pm

### Hip Hop

Level 1	6 yrs +	W	5:00pm - 5:50pm
Level 2	9 yrs+	W	6:00pm - 6:50pm

### Jazz

Level 1 Lyrical Jazz	6 yrs +	S	10:00am - 10:50am
Level 1/2 Jazz/Tap	6 yrs +	Th	5:00pm - 5:50pm

### Tap

Level 2	8 yrs +	S	10:00am - 10:50am
Broadway Teen	11 yrs +	M	5:30pm - 6:20pm

### Musical Theatre Performance Technique

Junior Levels 1&2	6 yrs +	W	4:00pm - 4:50pm
Senior Levels 3&4	11 yrs +	M	6:30pm - 7:20pm



Scan or Register at [ClubHouseAcademy.com](http://ClubHouseAcademy.com)

**CLASS LOCATIONS:** Dance, Gymnastics, Karate and Music held at ClubHouse Academy, 17569 Los Alamos St. FV, 92708. Musical Theatre held at Kingston Branch Stage, 16582 Brookhurst St. FV, 92708

## MUSICAL THEATRE

**Musical Theatre - Spring Production of Music Man Jr.**  
Fee \$275, Ages 7-18

**Production Dates:**  
May 18 - June 7, 2026

Choose the cast that's right for your child based on age, acting experience, and schedule. Auditions will take place on the first day of rehearsals for each cast.

**Rehearsals begin the week of Feb. 24** AT OUR KINGSTON BRANCH STAGE (16582 BROOKHURST ST, FV)

### Rehearsal Schedule:

<b>Cast 1</b>	Beg/Int	7-10 yrs	T	4:30pm - 6:00pm
<b>Cast 2</b>	Beg/Int	8 yrs +	T	6:00pm - 7:30pm
<b>Cast 3</b>	Beg/Int	9 yrs +	Th	4:30pm - 6:00pm
<b>Cast 4</b>	Inter.	11 yrs +	T	6:00pm - 8:00pm

Entertainers and Jr Entertainers casts will need to attend an audition February 21 from 3:30-5:30pm at ClubHouse Academy. Placement in these advanced casts will be subject to Director approval.

<b>Jr Entertainers</b>	Int/Adv.	Grades 7-9	Th	6:00 - 8:00pm
<b>Entertainers</b>	Adv	Grades 9-12	Th	6:00 - 8:00pm

**Audition Workshop** Fee \$25, February 21 from 1:30-3:30pm



## GYMNASTICS

**FEES** 1 class/wk - \$75/mo, 2 classes/wk - \$110/mo

Beginning I	4-6 yrs	W, Th	3:15pm - 4:00pm
Beginning II	7 yrs+	W, Th	4:00pm - 4:50pm

## KARATE

**FEES** Beg/Adv. Classes: 1 class/week - \$60/month, 2 classes/week - \$90/month, Unlimited - \$110/month

Beginning	5 yrs +	T or W	5:00pm - 5:50pm
Beginning	5 yrs +	T or Th	6:00pm - 6:50pm
Beginning	5 yrs +	S	11:00am - 11:50am
Inter/Adv	5 yrs +	M or W	6:00pm - 6:50pm
Inter/Adv	5 yrs +	T or Th	5:00pm - 5:50pm

## MUSIC

**FEES** 1 class/week - \$75/month

Beginning Piano	8 yrs+	F	3:30pm - 4:15pm
Beginning Guitar	8 yrs+	F	4:30pm - 5:15pm

# Spring Sports Leagues

## ARENA SOCCER & BASKETBALL

### IMPORTANT DATES:

Evaluations February 24-25 (basketball)  
February 28 (soccer)  
League Play March 9 - May 9, 2026  
Fees include jersey, awards, 8 games and playoffs.

**EARLY REGISTRATION:** Jan. 1 - Feb. 8 - \$145

**REGISTRATION:** Feb. 9 - March 8 - \$175

**AGES:** Determined as of March 1, 2026  
**Basketball:** Ages 5-16 **Soccer:** Ages 3½-13

### GAME LOCATIONS:

Games are played at the Club's Kingston Fountain Valley Branch, Huntington Beach Branch, and Pacific Life Foundation Branch.



Scan to Register



SOCCER LEAGUE



BASKETBALL LEAGUE

Register online at [bgchvsports.com](http://bgchvsports.com) CALL (714) 593-0753 FOR MORE INFO

## 11 CLUB LOCATIONS

in Fountain Valley & Huntington Beach



@bgchv @bgclubhv



**1 FOUNTAIN VALLEY**  
Fountain Valley  
Kingston Branch  
(714) 531-2582  
16582 Brookhurst St, FV

**2 Learning Center**  
Child Development Preschool  
(714) 593-1524  
17565 Los Alamos St, FV

**3 ClubHouse Academy**  
(714) 593-0753  
17569 Los Alamos St, FV

**4 HUNTINGTON BEACH**  
Robert Mayer  
Child Development Preschool  
(714) 891-4714  
15645 Gothard St, HB

**5 Pacific Life Foundation Branch**  
(714) 899-5900  
15645 Gothard St, HB

**6 HUNTINGTON BEACH CONT.**  
Oak View Branch  
(714) 842-5185 ext. 211  
17261 Oak Lane, HB

**7 Haynes Family**  
Huntignton Beach Branch  
(714) 374-2600  
2309 Delaware St, HB

**8 ON SCHOOL CAMPUSES**  
Golden View Elementary ELOP  
17251 Golden View Ln, HB

**9 Lake View Elementary ELOP**  
17451 Zeider Ln, HB

**10 Oak View Elementary ELOP**  
17241 Oak Ln, HB

**11 Westmont Elementary ELOP**  
8251 Heil Ave, HB



# FOUNTAIN VALLEY POLICE

Happy Holidays,  
 Fountain Valley takes pride in creating fun, friendly, safe, and quality programs and events that enrich our lives and aide in gathering the community together. I encourage you to take a moment to thank our city employees and elected officials for all they do to ensure our community is safe, functioning, and a nice great place to live!  
 Kellie Hopkins – Fountain Valley Neighborhood Watch Volunteer

### Personal Preparedness Tips and Actions to Consider

- Actions you can take today to help ensure you and your family have the knowledge and skills to be prepared.
1. Join your local neighborhood watch group. These groups can succeed in protecting the community if more individuals are active in them.
  2. Report any suspicious activity. Speak up when you see something that does not look right to you. Talk with neighbors or the police when you see something that is not a normal sight to see in your neighborhood.
  3. Stay on top of the latest trends when it comes to home safety and personal safety. Unfortunately, there are new ways and schemes being thought of every day to hurt or take from innocent people.
  4. Take a first aid and CPR class. The unfortunate reality is that emergencies are going to happen throughout life. The only thing worse than someone you love needing help is not knowing how to help them. Organizations like the Red Cross have training classes all across the country that can help prepare you for some of the most common emergencies.
  5. Have a plan. Have a plan and train your family on it when it comes to responding to an emergency. Different emergencies warrant different plans. Events such as earthquakes, floods, fire, break-ins, etc. should all have their own plan prepped in case your family needs to respond. Check out this resource from the NFPA in creating a home fire escape plan.
  7. Educate your children on other safety information. Take action on some of these tips and share them with your children to keep them safe. Sharing information allows them to better understand why you are doing certain things around the house.
  8. Educate your neighbors on some of this information. If your neighbors are making poor choices when it comes to safety, it can also affect your home and family at some point.



SCAN ME!

Do not live in fear of all the possible negative things that can happen in your life.  
Instead, take action to eliminate hazards as well as action to prepare yourself in the case of an emergency.

### Start Talking: A Guide to Keeping Children Safe Online at OuRescue.org

- Technology is constantly changing, and children change with it. New websites, apps, games, and gadgets offer new opportunities for exploiters to take advantage of minors.
- For many children and teens, their online world is significantly intertwined with their offline world. Whether they're making friends, doing homework, being entertained, playing games, and sometimes even going to school, the internet is a daily and essential part of their lives.
- In the online world, there is capacity for a much broader reach than most in-person interactions, a power that can have both positive and negative consequences. There are risks every time someone opens a browser, starts a new chat, or downloads a new game. Online safety is about educating children and teens to help navigate those risks and knowing when to talk to someone they trust.
- While settings and content blockers can be helpful, they can't ensure that children are completely protected online. The most effective prevention is an educated child. The best tool for keeping children safe is open, continuous conversation about online safety.



SCAN ME!

You can't have public safety without public participation.

Do your part to establish and maintain relationships with law enforcement and with the community.  
 Help prevent crime and build a safe community.

Remember, crime doesn't take a holiday – but together, we can help prevent it. Stay safe, stay alert, and have a wonderful season.

**“Please visit [FVPD.org](http://FVPD.org) to learn more about crime bulletins, vacation checks, what you can do in your neighborhood and how you can protect yourself and your loved ones.”**

Website: [www.fountainvalley.gov/1471/Police-Department](http://www.fountainvalley.gov/1471/Police-Department)

Crime Prevention | [Yolanda.Mathey-Chavez@FountainValley.gov](mailto:Yolanda.Mathey-Chavez@FountainValley.gov) or call 714-593-4526

# FOUNTAIN VALLEY FACILITY RENTALS



## FOUNTAIN VALLEY RECREATION CENTER

16400 Brookhurst St  
 Fountain Valley, CA 92708

714-839-8611

## THE CENTER AT FOUNDERS VILLAGE

17957 Bushard St  
 Fountain Valley, CA 92708

714-593-4446

*“Make any occasion unforgettable.”*



HOW TO REGISTER ONLINE

1 REGISTER USING THE QR CODE OR VISIT [WWW.FOUNTAINVALLEY.GOV/RECREATION](http://WWW.FOUNTAINVALLEY.GOV/RECREATION)

2 LOG IN OR CREATE YOUR ONLINE ACCOUNT

3 SELECT AND ENROLL IN ALL OF YOUR FAVORITE FV ACTIVITIES!



OR YOU CAN REGISTER IN PERSON OR MAIL IN (FOR MORE DETAILS VISIT PAGE 4 OF THE FOUNTAIN PEN)

# REGISTRATION FORM

## REFUNDS OR TRANSFERS

A \$10 administrative charge will be assessed for each request. Participant registration cannot be transferred to another person. Participant is charged for classes attended. Requests will only be granted if received in writing prior to the second class.

To request a withdrawal or transfer form, email: [fvrecreation@fountainvalley.gov](mailto:fvrecreation@fountainvalley.gov) or call 714-839-8611.

## GENERAL POLICIES

Please register prior to the beginning of the class, as off-site instructors will not take registration at class. Program information may be subject to change. Class fees are not prorated and classes may be cancelled by the Contracted Instructor if the minimum number of participants is not met. All transfers and registrations are subject to availability.

### MAIN CONTACT INFORMATION

ADULT NAME (Last, First):	EMAIL:
ADDRESS:	PHONE NUMBER:

### CLASS PARTICIPANT INFORMATION & REGISTRATION CODES:

PARTICIPANT FULL NAME	BIRTH DATE	CLASS CODE	CLASS NAME	FEE
				\$
				\$
				\$
2% CREDIT CARD SERVICE FEE			+ 2% SERVICE FEE (CARDS ONLY)	\$
As part of our commitment to provide patrons with efficient, convenient service, Fountain Valley Recreation and Community Services Department Customers can register for activities on our website, in person, or by mail with a Credit Card (Visa, MasterCard, or Discover). The credit card service fee is 2%. If a refund is needed for an activity, Credit Card Service Fees are non-refundable.			DONATIONS to Special Events, Programs, and Scholarships. (999999-A1)	\$
			TOTAL FEE	\$

(Please read carefully before signing. A copy of this waiver may be used to the same extent as the original.)

**RELEASE:** I fully understand that my participation in Recreation activities, events, classes, and/or programs exposes me to the risk of personal injury, death, communicable diseases, illnesses, viruses, or property damage/loss. I hereby acknowledge that I am voluntarily participating in this activity/event/class/program and agree to assume any such risks. I hereby release, discharge, and agree not to sue the City of Fountain Valley, and its officers, officials, employees, agents, volunteers, instructors, and representatives for any injury, death or damage to/loss of personal property arising out of, or in connection with, my participation in the activity/event/class/program from whatever cause, including the active or passive negligence of the City of Fountain Valley or any other participants in the activity/event/class/program. The parties to this AGREEMENT understand that this document is not intended to release any party from any act or omission of "gross negligence," as that term is used in applicable case law and/or statutory provision. In consideration for being permitted to participate in the activity/event/class/program, I hereby agree for myself, my heirs, administrators, executors and assigns, that I shall indemnify and hold harmless the City of Fountain Valley and its officers, officials, employees, agents, volunteers, instructors, and representatives from any and all claims, demands, actions, or suits arising out of or in connection with my participation in the activity/event/class/program.

**PHOTO/VIDEO RELEASE:** I hereby irrevocably give consent to the City of Fountain Valley, its employees, officials, agents, and representatives, for valuable consideration received, to use authorize and assign unlimited permission to use, reuse, edit, distribute, post, publish and republish for any purpose whatsoever, by the City, or anyone authorized by the City, any and all video and/or photographs which the City, its officers, officials, employees, agents, or volunteers have taken of me, negative or positive, without further compensation to me. I waive the right to inspect or approve the finished product, wherein my likeness appears. All video and photographs, including negatives and positives, together with the prints, digital storage and the like shall constitute the property of the City of Fountain Valley.

I HAVE CAREFULLY READ THIS RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT OF MY OWN FREE WILL. I HAVE HAD THE OPPORTUNITY TO SEEK INDEPENDENT LEGAL ADVICE.

If the subject is under 18, there must be consent by a parent or guardian, as follows: I hereby declare under the penalty of perjury under the laws of the State of California that I am the parent or legal guardian of \_\_\_\_\_ (Print Minor's full name), and consent to the foregoing on behalf of this person. I further declare that I shall indemnify and hold harmless the City of Fountain Valley from and against any and all claims resulting from, incident to, or arising out of Minor's participation in the activity/event/class/program, any and all risk assumed by Minor and me above, and/or breach of any promises, covenants, and/or representations made by me herein and/or in the above Release.

SIGNATURE \_\_\_\_\_ PRINT NAME or If Under 18 Parent/Legal Guardian \_\_\_\_\_ DATE \_\_\_\_\_

CREDIT CARD PAYMENT INFORMATION:  VISA  MasterCard  DISCOVER  AMERICAN EXPRESS CARD # \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_ BILLING ZIP CODE \_\_\_\_\_

# #LIVEYOURBESTLIFE



CLASS LOCATIONS See page 9

RECREATION CENTER & SPORTS PARK SENIOR CENTER OTHER CITY FACILITIES CITY PARKS

1 ALLEN PARK	16149 MESQUITE CIR.	13 HERITAGE PARK	17641 LOS ALAMOS ST.
2 CENTER AT FOUNDERS VILLAGE SENIOR & COMMUNITY CENTER	17967 BUSHARD ST.	14 LA CAPILLA PARK	9720 LA CAPILLA AVE.
3 COLONY PARK	10252 CINCO DE JUAREZ	15 LOS ALAMOS PARK	17901 LOS ALAMOS ST.
4 CORDATA PARK	18761 CORDATA ST.	16 MCDOWELL PARK	17200 OAK ST.
5 COURREGES PARK	8664 ROGUE RIVER AVE.	17 MOIOLA PARK	9790 FINCH AVE.
6 ELLIS PARK	10301 ELLIS AVE.	18 MONROE PARK	11370 MOUNT BODIE ST.
7 FIRE STATION 1	17737 BUSHARD ST.	19 NIEBLAS PARK	9300 GARDENIA
8 FIRE STATION 2	16767 NEWHOPE ST.	20 PLAVAN PARK	9745 WARNER AVE.
9 CITY HALL, POLICE STATION & LIBRARY	10200 SLATER AVE.	21 RECREATION CENTER & SPORTS PARK	16400 BROOKHURST ST.
10 FULTON PARK	8620 EL LAGO AVE.	22 STONECRESS PARK	11240 STONECRESS AVE.
11 HARPER PARK	8675 BLUEBIRD AVE.	23 VISTA VIEW PARK	9235 HONEYSUCKLE AVE.
12 HELM PARK	9170 HELM AVE.	24 WESTMONT PARK	8640 EL RANCHO AVE.

CITY OF FOUNTAIN VALLEY  
10200 SLATER AVE.  
FOUNTAIN VALLEY, CA 92708  
WWW.FOUNTAINVALLEY.GOV

PRE-SORT STANDARD  
U.S. POSTAGE PAID  
PERMIT #96  
SANTA ANA, CA

RESIDENTIAL CUSTOMER  
ECRWSS EDDM

Creating Community Through People, Parks & Programs



**FV EGG HUNT**  
**Saturday, April 4th**  
**8AM - 11:30AM**  
**@FV Sports Park**