

**City of Fountain Valley Programming Schedule
May 27 - June 2, 2024**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 a.m.	Silver Age Yoga	Silver Age Yoga	Silver Age Yoga	Silver Age Yoga	Silver Age Yoga	Silver Age Yoga	Silver Age Yoga
7:00 a.m.	Feeling Fit	Feeling Fit	Feeling Fit	Feeling Fit	Feeling Fit	Feeling Fit	Feeling Fit
7:30 a.m.							
8:00 a.m.	Fuel Up Fitness	Fuel Up Fitness	Fuel Up Fitness	Fuel Up Fitness	Fuel Up Fitness	Fuel Up Fitness	Fuel Up Fitness
8:30 a.m.	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message
9:00 a.m.	2024 State of the City	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD	2024 State of the City	2024 State of the City	Fountain Valley City Council Meeting (REBROADCAST)	Fountain Valley Planning Commission Meeting (REBROADCAST)
9:30 a.m.							
10:00 a.m.							
10:30 a.m.							
11:00 a.m.	Art Studio	Art Studio	Art Studio	Art Studio	Art Studio	Art Studio	Art Studio
11:30 a.m.	Vintage Vehicle	Vintage Vehicle	Vintage Vehicle	Vintage Vehicle	Vintage Vehicle	Vintage Vehicle	Vintage Vehicle
12:00 p.m.	CitiCable Cooking	CitiCable Cooking	CitiCable Cooking	CitiCable Cooking	CitiCable Cooking	CitiCable Cooking	CitiCable Cooking
12:30 p.m.	Sam the Cooking Guy	Sam the Cooking Guy	Sam the Cooking Guy	Sam the Cooking Guy	Sam the Cooking Guy	Sam the Cooking Guy	Sam the Cooking Guy
1:00 p.m.	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message
1:30 p.m.	Huell Howser	Huell Howser	Huell Howser	Huell Howser	Huell Howser	Huell Howser	Huell Howser
2:00 p.m.	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD
2:30 p.m.							
3:00 p.m.	A Nice Place To Podcast	A Nice Place To Podcast	A Nice Place To Podcast	A Nice Place To Podcast	A Nice Place To Podcast	2024 State of the City	2024 State of the City
3:30 p.m.	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD		
4:00 p.m.	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message		
4:30 p.m.	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message	Mayor's Message
5:00 p.m.	Feeling Fit	Feeling Fit	Feeling Fit	Feeling Fit	Feeling Fit	Feeling Fit	Feeling Fit
5:30 p.m.							
6:00 p.m.	VIDEO BULLETIN BOARD	Fountain Valley City Council Meeting (REBROADCAST)	Fountain Valley Planning Commission Meeting (REBROADCAST)	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD	A Nice Place To Podcast	A Nice Place To Podcast
6:30 p.m.							
7:00 p.m.		Mayor's Message	Mayor's Message				
7:30 p.m.		OC Board of Supervisors Meeting (REBROADCAST)	OC Board of Supervisors Meeting (REBROADCAST)				
8:00 p.m.	Mayor's Message			Mayor's Message			
8:30 p.m.	VIDEO BULLETIN BOARD			2024 State of the City	2024 State of the City	VIDEO BULLETIN BOARD	VIDEO BULLETIN BOARD
9:00 p.m.							
9:30 p.m.							
10:00 p.m.							

Note: Video Bulletin Board runs on blank areas of the schedule